

# How To Gain Access Into Treatment Services In Whatcom County

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Congrats on your first step to a new way of life! It can be a difficult decision to stop drinking or using drugs. My goal is to simplify the steps to get professional help.



# Do You Have Private Health Insurance?



Call the customer service number on the back of your insurance card for specific information on health benefits and list approved treatment providers. Each HMO has their own requirements.



Do you have Group Health Insurance?



**GroupHealth**

Call Dr. Christopher Portman at 733-4502

<http://chrisportmanphd.homestead.com/index.html>

to schedule an appointment for a confidential chemical dependency assessment.

# Do You Have Medical Coupon, Medicare and Medicaid?



You can call any of these providers to schedule an assessment:

Catholic Community Services  
515 Lakeway Drive  
Bellingham, WA 98225  
676-2187

Sea Mar Counseling\*  
4455 Cordata Parkway  
Bellingham, WA 98226  
734-5458

Westcoast Counseling  
1200 Dupont St. Suite 1  
Bellingham, WA 98225

\*Spanish speaking counselors

# What If You Don't Have Health Insurance?



Don't worry. . .  
You Still Have Options.

# The Alcohol and Drug Abuse Treatment and Support Program

You may qualify for the ADATSA program if:

1. Over 18 years old
2. Haven't worked in the last thirty days
3. Resident of Washington State
4. Chemically dependant
5. Legal citizen



## What Does ADATSA Program Pay For?

- Inpatient treatment services
- Outpatient treatment services
- Long-term care resident care
- Two months of clean and sober housing
- Medical Insurance



# How To Apply For ADATSA Program:



You can either apply in person at  
Department of Health and Human Services Office  
4101 Meridian St  
Bellingham, WA 98225

You can also apply online at <https://www.washingtonconnection.org/home/>.

# What if You Don't Qualify for the ADATSA program and lack health insurance?



Catholic Community Services has a sliding scale for outpatient treatment services based on income. Call CCS at 676-2187 today.

# Native Health



If you are an enrolled tribal member, call Lummi Care at 384-2323 to schedule an assessment. Lummi Care provides culturally appropriate treatment services. Lummi Care is located at 2592 Kwina Road, Bellingham WA 98225. Their website is [http://www.lummi-nsn.org/website/dept\\_pages/health/care.shtml](http://www.lummi-nsn.org/website/dept_pages/health/care.shtml)



## If you're a Veteran. . .



If you were received an honorable or medical discharge, you may qualify for American Lake Treatment Center. Call 800-329-8387 for information. If you are homeless, call Gary Dolan at 360-255-2091 for services.

# Sometimes Waiting for Inpatient Treatment Bed Date Can Be Difficult. . .



Westcoast Counseling provides  
a FREE pre-treatment group on  
Mondays at 1 Pm on 1200 Dupont street.

# 12 Step Program Hotlines



Alcoholic Anonymous – (800) 723-1923

Narcotics Anonymous – 647-3234

Cocaine Anonymous - (800) 723-1923