

**LEARNING CONTRACT\*: Part I**  
**Learning Objectives and Corresponding Learning Activities**

Student Name: Ashley Updike

Student ID#:

Agency: Catholic Community Services

Quarter/ Year: Summer 2010

**Learning Objective 1:** (Learning objectives describe what the student plans to know or do after completing the quarter at the practicum or internship site.)  
Learn how to prepare ethical, and proper client chart notation.

**Corresponding Learning Activities:**

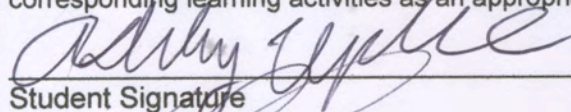
1. Read client charts
2. Eventually begin developing client charts

**Learning Objective 2:**  
Identify and differentiate several strategies to ~~manage~~ motivate resistant clients.  
motivate resistant.

**Corresponding Learning Activities:**

1. Sit in group sessions and observe professionals
2. Read material recommend by site supervisor.

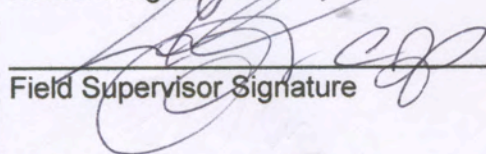
The following signatures indicate that these individuals have approved these learning objectives and their corresponding learning activities as an appropriate academic learning experience.



Student Signature

6/1/2010

Date



Field Supervisor Signature

6/1/10

Date

University Instructor Signature

Date

**LEARNING CONTRACT\*: Part I**  
**Learning Objectives and Corresponding Learning Activities**

Student Name: Ashley Updike

Student ID#: 489485

Agency: Catholic Community Services

Quarter/ Year: Fall 2010

**Learning Objective 1:** (Learning objectives describe what the student plans to know or do after completing the quarter at the practicum or internship site.)

Learn how to conduct a chemical dependency assessment using ADSA diagnostic criteria.

**Corresponding Learning Activities:**

Observe various counselors conduct assessments. Research and read assessment documentation like ADSA and CCS forms. Create a detail list and description of outpatient treatment centers in Washington State.

**Learning Objective 2:**

Demonstrate knowledge of and ability to use the ethical/professional obligations to the client when interacting with DSHS, Family Treatment Court, Drug Court, and Probation

**Corresponding Learning Activities:**

Attend weekly Family Treatment Court planning meetings and court sessions. Read clients' progress reports. Attend staff meetings.

The following signatures indicate that these individuals have approved these learning objectives and their corresponding learning activities as an appropriate academic learning experience.

Student Signature

Date

Field Supervisor Signature

Date

University Instructor Signature

Date





**LEARNING CONTRACT\*: Part I**

**Learning Objectives and Corresponding Learning Activities**

Student Name: Ashley Updike

Student ID#: 489485

Agency: Pioneer Center North Sedro-Woolley, WA

Quarter/ Year: Winter 2011

**Learning Objective 1:** (Learning objectives describe what the student plans to know or do after completing the quarter at the practicum or internship site.)

Describe and demonstrate various therapeutic approaches with clients with multiple treatment issues in an inpatient treatment center. Achieve practical, "hands-on" experience with clients with multiple treatment issues.

**Corresponding Learning Activities:**

Observe MTI group sessions; Attend staff meetings with medical staff; Interact with clients and MTI counselor; Read a book about co-occurring disorders in treatment.

**Learning Objective 2:**

Practice appropriate group co-facilitation skills, and boundary setting with clients.

**Corresponding Learning Activities:**

Practice group co-facilitation during educational group; Provide insight during group sessions; set boundaries with clients; ask other professionals how they set boundaries.

The following signatures indicate that these individuals have approved these learning objectives and their corresponding learning activities as an appropriate academic learning experience.

*Ashley Updike*

Student Signature

*1/13/11*

Date

*Ross Ross*

Field Supervisor Signature

*1/13/11*

Date

*[Signature]*

University Instructor Signature

*1-20-11*

Date

\*Part II of the Learning Contract is completed at the end of the quarter and consists of the Student Self-Assessment, Field Supervisor Evaluation, and portfolio contributions.