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HSP 440

March 8, 2011

I feel that I blossomed as Chemical Dependency Counselor this quarter. My internship at Winter Quarter 2010 was at Pioneer Center North inpatient chemical dependency treatment in Sedro-Woolley, WA. PCN serves individuals with multiple chemical dependency diagnosis who have failed other treatment programs. The typical client is homeless, and entered treatment involuntary from the court system. I wanted to learn the difference between inpatient and outpatient treatment services. A large percent of the clients have a mental health diagnosis. I wanted to gain skills within the multiple treatment issues community. I co-facilitate two multiple treatment issues class. My second learning outcome was to learn how to co-facilitate educational groups. I had the opportunity to play an active role in the addiction education class. I feel like I accomplished my learning objectives this quarter. I assisted in the Relapse Prevention, Addiction Education, Multiple Treatment Issues, and Core classes. I became experienced with PCN curriculum. I read the Substance Abuse and Mental Illness Services Administration guideline book on the dual diagnosis community. It was important for me to gain experience with clients with Personality Disorders. I had several chances to practice redirection within the MTI group. I had several opportunities to represent the clinical department during team planning meetings. I also spent time job shadowing PCN case managers. I am now familiar with many housing, and outpatient programs throughout Washington State. I understand how government funding programs work. I felt well supported at PCN by staff members and the clinical director.

I am glad that I challenged myself to select an internship site that I had reservations and fears about. I forced myself to talk to clients and staff members. The last nine months of internship has helped my professional self-esteem. I think the staff enjoyed my level of professionalism. My site supervisor remarked that I was more advanced then the other interns. I learn more about addiction and the system by spending time in the staff lunch room. Pioneer Human Services is a program that I would love to be a staff member!